

# **KASHATA**

**Michele Heun**

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### **Somali-Inspired Kashata (Coconut & Fig Candy Balls) | Foods From Africa**

Kashata -Spiced Peanut, Coconut and Sugar Candy. Kashata is a really popular Swahili sweet treat that is often sold and enjoyed in most parts of Eastern Africa (Tanzania, Kenyan, Uganda). These sugary snacks are made with freshly grated coconut or peanuts or a combination of both.

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## **Kashata cookie from Congo - cookie companion**

Great recipe for Kashata za Nazi #localingredient contest. My mom used to cook Kashata during Eid festive and I joined her in cooking them everytime and now.

## **Swahili Coconut Or Peanut Sweet Kashata) by UmmBinat at icojulymidil.gq**

KASHATA ZA NAZI: Ingredients: 3 cups desiccated coconut (I used half sweetened and half with no sugar) Mix the coconut with 1 cup of water.

## **Kashata Name Meaning: What Makes It Remarkable**

lollo Something between candy and cookie, Eastern Africa's Kashata are a popular snack of Swahili origin. Kashata are usually made with peanuts or grated .

## **Kashata - Immaculate Bites**

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